



August 10, 2016

To: Business Excellence Awards

On behalf of the YMCA, I would like to nominate Dr. Mark Lemstra and Alliance Health medical clinics for the Community Involvement award. I would like to highlight four main reasons.

First, we are proud to receive yet another generous donation today of \$120,000.

Second, we have received generous donations in the recent past from Dr. Lemstra in the amounts of \$95,000, \$115,000, \$105,000, \$20,000, \$11,600, \$5,000, \$4,000 and \$1,000. As well, we have received \$20,000 and \$6,000 for our Strong Kids program. In confidence, there was a time when we were not sure that the YMCA would survive. With Dr. Lemstra's support, and our own innovation and hard work, we are now a very successful company with an incredibly bright future.

Third, Dr. Lemstra and Alliance Health have initiated a number of free, community based programs. The free Healthy Weights Initiative in Moose Jaw has seen 728 clients to date in Moose Jaw and 121 patients in Regina over the past three years. The estimated cost to Alliance for these free services is \$849,000 over three years. Dr. Lemstra and Alliance have also started the free, comprehensive Mental Health Initiative which has already seen 51 police officers and will begin seeing community members soon. Aside from free services, Dr. Lemstra and Alliance initiated over 200 community consultations prior to beginning these programs.

Fourth, in September, Dr. Lemstra and Alliance Health are starting the free, comprehensive Healthy Kids Initiative.

With all of the initiatives mentioned above, the YMCA is proud to be a partner. As important, I believe the entire community is on board with letters of support from the Mayor, City Council, the Member of Parliament, both Members of the Legislative Assembly, the Chief of Police, the Police Association, the Public Health Agency of Canada, the Heart and Stroke foundation (SK), the Canadian Cancer Society (SK), the Canadian Mental Health Association (SK), the Canadian Diabetes Association (SK), the Public Health Agency of Canada, numerous medical professionals, the provincial Minister of Health, the federal Minister of Health, numerous businesses, the Chamber of Commerce, numerous local community groups and many individual residents.

I sincerely believe that Dr. Mark Lemstra and Alliance Health medical clinic are deserving of the Community Involvement award.

Please contact me if you have any questions,

Jeff Fox

A handwritten signature in black ink, appearing to read 'Jeff Fox', with a long horizontal flourish extending to the left.

CEO
YMCA of Moose Jaw